



1. Keep My Thoughts in Order - Set daily intentions through prayer. Release negative thoughts and feelings through my prayer journal. **"Carefully guard your thoughts because they are the source of true life." Proverbs 4:23 CEV**
2. His Timing is NOT My Timing - Don't get attached to "how" or "when" God will fulfill His promises. Surrender and continue to do my part. **"For still the vision awaits its appointed time; it hastens to the end—it will not lie. If it seems slow, wait for it; it will surely come; it will not delay." Habakkuk 2:3 ESV**
3. Take Action and Do My Part - The results in my life come from the actions I take (or do not take). Seek God for what actions to take and when to take them. Must take God-lead physical, emotional, mental and spiritual action daily. **"Lazy hands bring poverty, but hard-working hands lead to wealth." Proverbs 10:4 ISV**
4. Be Kind and Compassionate Toward Others - We have no idea of what others are facing or going through. Be kind, for everyone you meet is fighting a battle you know nothing about. **"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you." Colossians 3:12-13 NIV**
5. Focus on His Word DAILY - Feed my mind daily, cultivate a Godly perspective. If I can't change something, try to change how I see it (through the eyes of Jesus). **"Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you." Philippians 4:8-9**
6. The Golden Rule - What would Jesus do? Try to do the right thing in all situations. **"In everything, therefore, treat people the same way you want them to treat you, for this is the Law and the Prophets." Matthew 7:12 NASV**
7. Giving to Others - Give first without expectation in return. (could be time, resources, my attention, love, kindness) **"Give, and you will receive. Your gift will return to you in full—pressed down, shaken together to make room for more, running over, and poured into your lap. The amount you give will determine the amount you get back." Luke 6:38 NLT**
8. He is Working Things Out for My Good - Be patient and faithful in finding the good in struggles and challenges. **"And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them." Romans 8:28 NLT**
9. Faith in Challenges Brings Joy - Nothing is ever as bad as it seems in the moment. This too shall pass. Try to look for a lesson in all trials and tribulations. **"We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love." Romans 5:3-5**
10. May God's Will Be My Will - Continue seeking God's perfect will for my life through prayer, trial and error. **"Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." Romans 12:2 ESV**
11. Nothing Lasts Forever - There are ups and downs in life. Our lives run in cycles and are cyclical. There is good times and bad times, joy and sorrow. **"There is a time for everything, and a season for every activity under the heavens." Ecclesiastes 3:1 NIV**
12. We Need Rest and Balance - Don't forget that it is ok and necessary to rest. **"He makes me lie down in green pastures; He leads me beside quiet waters. He restores my soul; He guides me in the paths of righteousness For His name's sake." Psalm 23:2-3 NIV**

